

Migrants in Austria have shorter lifespan than Austrians as well as their own parents! (Quelle: Nationaler Aktionsplan für Integration)

- because they do not have enough information about healthcare services and health system in Austria.
- many migrants believe that they are sometimes misunderstood by doctors or in health service institutions.

IKEMBA association stands for a change in this direction!

Workshops in English Language

- How can I improve my health awareness?
- Need for a regular checkup?
- How does the Austrian health service system work?
- What is a healthy and balanced nutrition?
- etc.!

Excursions to different health service centers: GKK, Red Cross, Women health service center, counseling center for men, etc.

Empowerment-communication course – for health:

How do I respond in case of emergency or make an emergency call in case of accident or fire outbreak?
How do I speak to the doctor?
How do I explain my problem?

Contact:

Maxwell Emiohe: 0664/9213879

Verein IKEMBA: 0316/228113 – Herrengasse 3/2 – www.ikemba.at